

# Tips and Tricks for Putting on Snowshoes!

**Step 1:** Slide your foot into the snowshoe until it reaches the center portion of the gap. This ensures that your foot can flex as you walk, allowing the “tail” to drop snow that has collected on the back of the snowshoe. If a student’s foot is too far past the open space, have them move their foot back until the toe of their boot does not scrape the top of the opening.



**Step 2:** There will be 3 or 4 foot straps and one ankle strap on your snowshoes (not all snowshoes have the same number or style of straps). Each strap tightens through a buckling system. Starting at your toes, buckle each set of straps across the top of your foot first

**How to buckle the foot straps:** Thread the strap through the metal buckle. Pull the strap back towards you until you can tightly fasten the strap through one of the holes on the metal point of the buckle.

***You should not have to unbuckle any straps prior to this step***

*If there is WAY too much extra strap hanging off of the snowshoe, you may need to replace the snowshoes with a smaller size. A few inches of extra strap hanging off can be tucked into the small strap clips or tucked back under tightened straps.*



**How to buckle the ankle strap:** Attach the ankle strap as tight as is comfortable and as high up on the heel as possible. Some ankle straps pull completely free from the buckle, others do not.



Thread the strap through the buckle loop and pull back. Now you are ready to head out the door. Remember to stay on the black mats.

# **Frequently Asked Snowshoe Questions**

## **Why are there different sizes of snowshoes?**

We have several sizes of snowshoes that are sorted by height and weight distribution. Some students may need larger or smaller sized snowshoes simply based on how bulky their snow boots are.

## **Why are there different colors of snowshoes?**

The color of the snowshoe has nothing to do with size. The adult snowshoes come in different colors but are all the same size.

## **Is my snowshoe on backwards?**

To ensure that your snowshoe is on the right way, look at the curved part called the “toe”. Is it pointed in front of you and up towards the sky? Then it is on the right way.

## **How do I know which is the right and left snowshoe?**

They are marked **R** (right) and **L** (left). The buckle of the ankle strap should be on the outside of your foot.

**Help Maintain Our Snowshoe Area**

**Re-hang Snowshoes in Pairs by Size**

**THANK YOU**